

January 2008

"Enhancing the Health of the Community through Partnerships in Research, Education, and Service."

WWW.CHP.CMICH.EDU/BRIDGES FALL & BALANCE CENTER

FOR ASSESSMENT & REHABILITATION
A CARLS CENTER & BRIDGES PARTNERSHIP

• **DID YOU KNOW...?**
More than one-third of healthy adults over age 65 fall every year.

• Fall & Balance information, journal articles, links, and patient education brochures attachments please go to:

www.chp.cmich.edu/bridges

For more information on the **Fall & Balance Center** please go to:

www.chp.cmich.edu/bridges

Or (989) 774-2341

To schedule an appointment please contact:

Carls Center for Clinical Care and Education
(989) 774-3904
www.chp.cmich.edu/carlscenter

BRIDGES CENTER
For
Healthy Life Transitions

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FBC Update:

The Fall and Balance Center (FBC) for Assessment and Rehabilitation at CMU opened its doors in March 2007.

To date there have been 34 patients receiving over 347 services. 22 Audiology students have participated in vestibular evaluations and 12 Physical Therapy students have observed assessment and rehabilitation techniques in this clinical specialty area. Two research projects are focusing on vestibular assessment and rehabilitation clinical outcomes. Our referral sources have grown to over 27.

Most importantly, our patients are indicating that they are seeing results and are happy with the services provided to them.

The **2nd Annual FBC Symposium** was a success with over 89 individuals attending. Many students and faculty also participated. CME/CEUs were available for most health care professionals.

The **1st Annual Fall and Balance Center Awards** were given during the symposium luncheon.

"Recognized for their significant dedication and contributions toward the success of Central Michigan University's Fall and Balance Center"



Student Award: Melina Wood
Faculty/Staff Awards: Raju Chowdhary, PT & Kate Glynn, AUD
Community Award: Barry Skutt (Nimkee Memorial Wellness Center)



Referral forms and Resources for patient education and annotated bibliographies are now available on our website for Fall Prevention and Vestibular Assessment and Rehabilitation.
www.chp.cmich.edu/bridges/FBC_1.htm

Referral Forms
available on our web-
site:

[http://
www.chp.cmich.edu
/bridges/FBC_1.htm](http://www.chp.cmich.edu/bridges/FBC_1.htm)

Focus on Our Staff:

Raju Chowdhary PT, MHS, NCS, GCS

Raju is a Neurologic & Geriatric Certified Specialist, as well as Certified in Vestibular Rehabilitation through Emory University.

The Fall and Balance Center is very fortunate to have Raju on the staff. His clinical skills and great demeanor with patients are extremely well received by our patients.

Raju is also a physical therapy clinical specialist on staff at MidMichigan Health in Midland. He is often called upon as an adjunct faculty member or guest lecturer in both Physical Therapy and Audiology courses.

Chowdhary has treated patients with balance problems for 10 years. While most of his patients are elderly, he's seen some as young as 16.

Audiological data, along with the PT examination data provides a comprehensive basis for Chowdhary and his team to confirm candidacy for rehabilitation. A comprehensive summary report is sent back to the referring physician for further investigation with the potential for improvement with physical therapy follow up.

