

"Enhancing the Health of the Community through Partnerships in Research, Education, and Service."

WWW.CHP.CMICH.EDU/BRIDGES

FALL & BALANCE CENTER

FOR ASSESSMENT & REHABILITATION
A CARLS CENTER & BRIDGES
PARTNERSHIP

- **DID YOU KNOW...?** Nearly 200 Americans 65 and older die from fall-related injuries every week.

- Fall & Balance information, journal articles, links, and patient education brochures attachments please go to:

www.chp.cmich.edu/bridges

For more information on the **Fall & Balance Center** please go to:

www.chp.cmich.edu/bridges

Or (989) 774-2341

To schedule an appointment please contact:

Carls Center for Clinical Care and Education
(989) 774-3904
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The Fall and Balance Center for Assessment and Rehabilitation (FBC) provides a comprehensive program to assess, identify, and treat patients with balance, mobility and dizziness disorders and the resulting loss of functional skills. The center will serve as an advanced training facility that provides educational and clinical opportunities for students and practitioners to blend theory with practice. The educational opportunities available through the center will work to develop a growing core of expertise in fall prevention and balance assessment among healthcare providers and scholars in a variety of disciplines.

The FBC will serve as a clearinghouse for the dissemination of fall prevention and balance assessment-related resources and best practices by providing access to information via the web, and written materials, and through workshops, symposiums, and conferences that foster awareness and enhance the health care workforce skills in central and northern Michigan.

What is the Fall and Balance Center?

CMU's Fall and Balance Center focuses on fall prevention assessment, rehabilitation for balance disorders as well as those with medical conditions that predispose them to a risk for falling. Among its key features, the center:

- Accepts patient referrals from physicians.
- Complements services offered by area health care providers.
- Ranks as a charter member of the Michigan Fall Prevention Partnership.
- Enhances student education and gives specialized service with state-of-the-art equipment

Facts about Falls

Falls are currently the leading cause of injury and the most common cause of hospitalization for trauma among older adults. Research indicates that nearly 80 percent of adults over the age of 65 who visit an emergency department cite falling as the cause of the injury, and half of these adults require hospitalization. Hip fractures are the most common fall-related injury leading to hospitalization, and half of all senior citizens hospitalized for this injury never regain former mobility levels, while 20 percent die within a year (Healthy Aging through Injury Prevention: Michigan's Call to Action, December 2005).

**The Fall and Balance Center is now scheduling patients
for assessment and rehabilitation on Tuesdays.**